

Chap. XI | GOD AS INNER SELF AND CONTAINER
OF ALL. **205**

What the **Rishis** mean is that the Supreme Being is
not only the Occult **Force** which nourishes and quickens
all **the** known and undiscovered forces in nature, but also
the immanent, hidden energy in every active force operating
in our body. For instance, we feel in our arms the measured
beat of the pulse ; what a mystery! What is it that lies
concealed within the fold of our arteries which causes this
strange phenomena of pulsation? Is it a dead physical
force and nothing more ? We feel within our arms a living
force, a sustaining power, flowing from Him, keeping up
and energising the entire body. Here it is ; we see it; we
accept it as a fact and an undeniable reality. Again, as we lay our hand on our heart, we feel a mysterious throbbing and excitement within it.
What causes this wonderful upheaving and strange sound ?
Whence this fresh stream of vital fluid incessantly passing from it through the arteries to the remotest parts of the body?
In this forcible propulsion of blood through its natural channels, do we see only blood-force ? No. Beneath that force, we feel distinctly His Immanent Presence, His Hand, the Hand of the Living God, plying the machinery of the

blood-system

in the human body.

Whence comes this breath so essential to our life?

Who works this curious respiratory system within our lungs ?

What makes them breathe? Is it the lungs' own force

that makes them inhale and exhale air ? Can matter breathe ?

Is it given to the lungs to breathe ? No. Not in their own

strength but with a higher power do they give out noxious

air and take in such. air as brings life and vitality. The

lungs do not move ; they are moved.

Beneath their res-

piratory agency, their muscular force, is His

Living Force

that supports the ceaseless activity of the ever-recurring

inhalation and exhalation.

Not only in the arms, the heart, the lungs,

His Living

Energy is actually working in every atom of our body, m